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Helen Fewster takes us on a tour of a stylish new apartment

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Helen Fewster, of Suna Interior Design, creates interiors for new developments. We asked her to tell us about the look she created for the apartments on the site of an old lighting factory in south London called The Filaments...



Can you give us some advice on creating an eat-in kitchen?

When the dining becomes part of the kitchen area it can work to co-ordinate the finishes to help keep the overall look and feel considered.



Great bedroom! Why did you choose the headboard and tree wallpaper in here, and how can we create a similar effect at home?

We wanted to create a serene, comfortable and relaxing room and reflecting nature is a great way to do this. The headboard is bespoke and provides a warmth with the wood, which contrasts with the hand-drawn effect of the wallpaper.



We like the way you've combined patterns in this living room. Can you share your secrets?

For us, each design is personal and individual. In order to create this it is important to combine texture and create layers in the design. Ultimately building up to the finished article, mixing geometric patterns and stripes with texture adds depth to an interior space.



We love this vibrant blue wall. Can you give us some tips on using this colour in a room scheme?

Less is often more. If you are going to use a bright colour, choose one bright colour, reflect it in a few choice accessories and let it speak for itself. Choose one wall on which to highlight this colour and make it your feature wall.



This bathroom is very calming. What are the best ways to create a soothing bathroom?

Use a neutral palette, always choose the best quality specification and remember that lighting is very important.

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Sarah Warwick, Guest Editor
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